Masters Women Sweeps

About Us

The RBC Masters Women team was re-established in 2016 and operates with the masters men program as the RBC Mixed Masters Sweep Team.

The women’s team consists of a core of 12-15 rowers. The team’s goal is to race in masters events at the local, regional and national level.

We race in eights and fours, and since many members scull, also put together doubles and quads for regattas. We range in age from late 20’s to mid-60’s.

Practice

The women’s team practices with the masters men three days per week- typically either MWF or T Th Sa, depending on the season. Practices are from 5:20 am to 7:15 am. We recognize the demands of jobs and families, and expect that members regularly attend at least two practices per week and complete erg workouts, weights, and some additional rowing other days of the week. The season runs from April through October.

Racing

Our team races at local New England regattas, as well as Canadian Henley Masters, Masters National Championship, and Head of the Charles.

Join Us

The program welcomes new members as space allows. Applicants should be fit with good technical skills, and be experienced in rowing including racing. You may join us for a two-week try-out period before starting the Club application process. Skilled coxswains are also always welcome.

For more information contact team captain:

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